

**Jennings Peak (3,460 ft)
Saturday June 10, 2017**

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ARRIVING ON SATURDAY MORNING

Meet at **8:40 AM** sharp at the parking lot to sign a waiver and gear up. We plan to hit the trail by 9:00 AM and will not wait for late comers. We are meeting at the Sandwich Mountain Trail / Drakes Brook Trail Trailhead parking area on route 49, just before Waterville Campground.

It is on the right about 8.7 miles from exit 28 off Rt. 93. You can enter the following coordinates in Google maps to see where the parking lot is located: 43.9381756, -71.5109729.

According to Google Maps, this is about a 2 hour 8 minute drive from Boston and 124 miles. Don't forget to allow extra time for traffic, a stop on the way, and for picking up other hikers if you're carpooling.

COST OF TRIP

If you do not have a WMNF parking sticker it will cost \$3 per car for parking. Bring \$1 bills since you will not be able to make change.

HIKE ITINERARY

We will be doing a there and back to the summit of Jennings Peak via the Sandwich Mountain Trail. It will be a blast.

Total distance: 6.0 miles roundtrip | Elevation Gain: +2,055 ft

CARPOOLING:

Carpooling is encouraged and you are responsible for coordinating your own rides. Use the AMC roster to see who can carpool from your area. If you do share a ride, please share expenses. If you are having issues arranging a ride, feel free to send an email message to all of us, or let your leaders know.

CANCELLATIONS

Prior to the hike, if you are unable to attend, please inform us as soon as possible so we may offer another participant the opportunity to attend.

GEAR LIST

Everyone should be prepared for three season hiking. Mountain weather is subject to rapid change and extreme conditions. All participants should be prepared if we encounter wind, rain, and cooler temperatures.

Please review the list carefully. DO NOT wear cotton!

You must have the required gear to participate on this trip. If you have any questions, please ask one of the leaders before the trip.

Carry System:

Backpack: large enough for all your gear to fit safely and comfortably, with some space to spare (for group gear) with pack liner or cover.

Feet

- **Hiking Boots:** Waterproof boots with good treads are generally recommended. Work boots usually do not make good hiking boots.
- **Socks:** Wool or synthetic. No cotton! Please bring an extra pair if the scenario arises that we need change them after the outgoing water crossing. Some also use wicking (e.g., polypro) inner socks.

Clothing

- **Underwear/base layer:** Either synthetic or wool. No cotton!
- **Shirt/pants:** Either synthetic, such as polypro (or one of its commercial names), nylon or spandex, or wool. No cotton! Always bring something to cover your legs if wearing shorts.
- **Extra insulating layers:** Fleece or other synthetic, wool or down. Bring enough extra insulating layers (such as fleece or pile jacket and/or wool/synthetic sweater) in your pack to keep you warm if standing around in the cold and wet for an extended period.
- **Rain/wind gear:** (Outer, shell layer) Waterproof jacket (large enough to fit over your insulating layers) and rain/wind pants.
- **Hat/gloves:** Always bring wool or synthetic warm hat and gloves. And some favor a hat for sun protection.

Food and Water

- **Lunch/munchies:** High calorie, quick-burn energy food - dried fruit, candy, bagels, preserved meats or cheese (diced in advance), fruitcake, small sandwiches, nuts, cookies. Sometimes, there is not an extended lunch stop - prepare to munch along the way. Always bring more than you need.
- **Water:** At least two quarts or liters in leakproof shatterproof bottles or a hydration bladder.
- **Straps/cords:** To attach gear or extra clothes to pack as needed.
- **Headlamp:** required, with extra batteries.
- **Personal first aid kit:** Know what to do with it!
- **Trail map and compass:** Know how to use them!
- **Sun protection** (e.g. sunglasses, sunscreen)

Recommended Gear

- Insect repellent
- **Repair kit:** For equipment and clothes - might include pins, duct tape, knife or multi-tool, etc.
- Trowel
- **Toilet paper:** And bags to pack it out (doggie bags work well).

- Spare glasses: Or if you wear contacts, contact lens container, solution and glasses.
- Short gaiters: Recommended, particularly in early or late season.
- Bandanna or sweat towel
- Trekking poles
- Fun Stuff: Camera, cell phone, wildlife guides, altimeter.

POST HIKE MERRIMENT

For those inclined, right after the hike, we will be coordinating dinner somewhere nearby.

WEATHER & TRAIL CONDITIONS

The weather in the WMNF area can change and it is difficult to predict the weather this far in advance. I highly recommend that you check the following links and be prepared for sudden changes in weather conditions:

[Current Trail conditions](#)

[Current Weather conditions from noaa.org](#)

RISK ACKNOWLEDGEMENT, RISK ASSUMPTION AND LIABILITY RELEASE FORM:

The AMC requires all participants to sign a copy of the Acknowledgement and Assumption of Risks and Liability Release to protect the AMC and its volunteer leaders. This form will be available to read and sign during the pre-hike meeting. The link to the form is listed here: <http://www.outdoors.org/pdf/upload/volrelease.pdf>

If you have any questions, please contact Ali or Scott.